



Please note that this site has been automatically translated.

## Questionnaire gezonde-darmflora.nl

Date of birth:  
Today's date:  
Mobile phone:  
Address:

What is your gender? m/f  
What is your weight? kilo  
What is your height? cm  
BMI cm/kg<sup>2</sup>

What is your profession/study?  
What is your education level?  
What is your family composition?  
Were you born naturally or by caesarean section?  
Do you have any children? Yes / No  
Have you ever been rejected during an examination (as a donor or otherwise)? Yes / No  
If so, why?  
Have you ever donated blood? Yes / No  
If so when was the last time?  
Have you ever been to a specialist (doctor in the hospital)? Yes / No  
If yes, Date:  
Reason:  
Do you take medicines? Yes / No  
If so, what medications did you receive?  
In what year was this treatment started?  
Have you been depressed in the past? Yes / No  
If so, when did this start and for how long?  
Have you taken any medication for this? Yes / No  
Have you been treated for autism? Yes / No  
Have you ever been tested for diabetes? Yes / No  
If yes, what was the result:  
Does diabetes run in the family? Yes / No  
Is there a family history of schizophrenia/bipolar or anxiety disorders? Yes / No  
Does Creutzfeldt Jakob disease run in your family? Yes / No  
Does dementia run in your family before the age of 60? Yes / No  
Were you born in a country outside Europe  
or have you lived longer in a country outside Europe for 5 years? Yes / No  
If so where and when?  
Between 1980 and 1996. Are you longer than 6 spent months in the UK? Yes / No  
Do you have an occupational risk of blood-borne infectious diseases? Yes / No  
(currently daily patient contact)  
If yes, namely?  
Have you ever had a needlestick injury? (for example, an injury with a  
needle smeared with blood from someone else, or another sharp with blood  
smeared object?) Yes / No  
Have you ever administered blood products into the bloodstream

got? (eg blood transfusions)?	Yes / No
If so, when?	
Have you ever injected drugs into your veins (intravenously)?	Yes / No
Have you ever snorted drugs?	Yes / No
Have you ever had a tattoo?	Yes / No
If so, in which country was it placed and when?	
Have you ever had a piercing/earrings done?	Yes / No
If so, in which country was it set?	
Have you ever had acupuncture?	Yes / No
If so in which country?	
Have you ever had growth hormone treatment?	Yes / No
Have you ever had a tissue donation? (eg cornea)	Yes / No
Have you ever had a hair transplant?	Yes / No
Have you ever had surgery or clinical treatment done abroad?	Yes / No
If so, where and when?	
Have you been to the tropics in the past two years?	Yes / No
If so where and which year?	
Have you ever had malaria?	Yes / No
If so in which year?	
Do you also know which type?	Yes / No
Have you ever had special infectious diseases?	Yes / No
If so, which infectious diseases?	
Have you been vaccinated (so no single immunoglobulin injection) for Hepatitis A?	Yes / No
If so, was the titer sufficient?	Yes / No
Have you been vaccinated (so no single immunoglobulin injection) for Hepatitis B?	Yes / No
If so, was the titer sufficient?	
During a visit abroad (work/vacation) have you ever had sexual contact with natives?	Yes / No
Have you had a new sexual partner in the past year?	Yes / No
Have you ever had anonymous sexual contacts?	Yes / No
Have you ever had sexual contact with an intravenous drug user?	Yes No
(for men) Have you ever had sexual contact with a man?	Yes / No
(for women) Have you ever had sexual contact with a bisexual or gay man?	Yes / No
Have you been a recipient of anal sex contact of a new partner in the past year?	Yes / No
Have you ever had sexual contact with someone you paid for with money?	Yes / No
Have you ever had sexual contact with someone who turned out to be infected with HIV/HTLV/Hepatitis/Lues?	Yes / No
If so, with what? (to be checked) HIV, Lues, Hepatitis, HTLV, Other, nl:	
Have you ever had a sexually transmitted disease (STD)?	Yes / No
If yes which one?	
Have you ever worked as a prostitute yourself?	Yes / No
Do hereditary diseases run in the family?	Yes / No
If yes which one?	
Do you have a regular stool pattern?	Yes / No
What type of stool do you have? (see attachment/bottom of form!!)	
How many times a day do you have bowel movements on average?	
Do you suffer from excessive flatulence on a daily basis?	Yes / No
Have you ever been treated for an intestinal infection?	Yes / No
If so, how often is this on average per day?	
Have you ever been treated for an intestinal infection?	Yes / No

If yes which one?  
 When was the last time?  
 Do you have a chronic bowel disease?  
 (e.g. Crohn's disease/Ulcerative colitis/Celiac disease) Yes / No  
 If yes which one?  
 Do you ever drink products especially for your bowel movements?  
 (activities/yakult/actimel etc?) Yes / No  
 If so, how often? ... times a day  
 Do you ever (more than once a month) suffer from difficult bowel movements  
 (constipation) so that you have to strain for a long time to get the stool out? Yes / No  
 If so, how often is this on average per month?  
 Do you suffer from hemorrhoids? Yes / No  
 Do you often have intestinal cramps? Yes / No  
 Do you ever take medication to facilitate/slow down bowel movements? Yes / No  
 Do you ever take certain foods (plums/fibres) to help with bowel movements?  
 to ease? Yes / No  
 Do bowel disorders run in your family? Yes / No  
 If so, which ones and with whom?  
 Does colon cancer or polyps run in your family? Yes / No  
 If so, polyp or colon cancer?  
 With whom?  
 At which age?  
 Have you taken antibiotics in the past three months? Yes / No  
 If so, can you remember which antibiotic?  
 When and how many days?  
 Have you taken antibiotics in the past year? Yes / No  
 for what?  
 Can you remember which antibiotic? When and for how many days?  
  
 Have you ever had rectal bleeding? Yes / No  
 If so, has additional research been performed? What were the results of that?  
  
 Have you had a fever in the past two weeks? Yes / No  
 Have you had diarrhea in the last 3 months Yes / No  
 If so, when did it start and how long did it last?  
 Are there any other things you would like to say or explain?



Type 1



Type 2



Type 3



Type 4



Type 5



Type 6



Type 7